

Stepping Stones Theater

ADL's will be performed through out the day as usually scheduled

8 – 9:30	Morning Documentaries Hand cleanses Nail Care
9:30	Mellow Music Snack & Hydration
10:00	Hand Massages Sorting Bins Movie / Musicals or Comedies (avoid cartoons please)
11:30	Hand cleanses Begin taking Residents to the dining room

Theater Area is shut down for cleaning

1:30	Theater Area is reopened TV turned to music station Light chair exercises Balloon / Ball Arms, legs move to the music
2:30	Snack & Hydration Quiet time – TV on Mellow music Nail Care and conversation
3:30	Guess what this is Game Handouts Sorting Bins
4:30	Prep for dinner Hand cleanses Begin taking Residents to the dinning room
6:00	TV